

Canoeing at Trentham



Interested in being a part of Trentham Canoe Club?



Something for everyone

For all ages

BEGINNERS OR EXPERIENCED

Placid water

Stay fit, stay active

IDEAL FOR THOSE WHO ARE DISABLED OR
HAVE LEARNING DIFFICULTIES

Recreational or competitive

Tranquil

Scenic

Close to nature

SPRINT

MARATHON

Relaxing

Athletic

for all the family

COACHING

Friendly and relaxed

Get involved

.....CANOEING, KAYAKING

Want to go canoeing?

- Open beginners & improvers sessions.
- Kayaking or bellboating for schools or youth groups.
- Outrigger canoeing for special schools.
- Opportunities for Scout and Cub packs.
- Experienced paddlers or coaches, both recreational or racing.
- Outrigger canoe and bellboat events.

www.trenthamcanoeclub.co.uk

For more information

Ruth Holdway

Community Sports Coach

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Trentham Canoe Club

a part of

Trentham Watersports Association



Trentham Canoe Club

Welcomes canoeists of all ages and abilities - especially school and youth groups.

Background

Trentham Canoe Club was established in early 2006 to promote and develop canoeing in North Staffordshire and Stoke-on-Trent on Trentham lake. The canoe club is working with our partners in rowing and with Trentham Leisure as part of Trentham Watersports Association - a multi-sports club encompassing canoeing and rowing. This is an umbrella organisation that represents the interests of Trentham Boat Club, Trentham Canoe Club (including outrigger canoeing) and Staffordshire Scouts Water Activities (Eccleshall Scouts). In May 2009 we moved into a new purpose-built boat-house with associated facilities at the south end of the lake.



What's on offer

- ⊙ **Juniors: curriculum time**
 - Kayaking and bellboat introductory sessions
 - GCSE PE (canoeing element)
 - Paddlepower Start & Discover
 - Alternative sport for PE
- ⊙ **Juniors: after school**
 - Flat-water racing (ergos, Lightnings, K2s & K4s)
 - After-school clubs for Ash Green, Trentham High, St Joseph's College & Clayton High
 - Open Monday night beginners/improvers session
 - Kayaking, open canoeing and bell boating for Scout, Cub and other youth groups by arrangement
- ⊙ **Disability groups & special schools**
 - Stable outrigger canoeing
- ⊙ **Adults & Families**
 - Open Monday night beginners/improvers session
 - Flat-water racing training
 - Team building (subject to coach availability)

Our aims

- ⊙ **To develop placid water canoeing**
 - Recreational** - particularly those put off by adventurous/whitewater image of canoeing, eg senior/elderly, disabled, young families.
 - Competition** - regular training nights for sprint and marathon paddlers.
- ⊙ **To develop coaches and encourage volunteers.**

Use of the lake

The attraction of paddling on Trentham lake is obvious, however as it is part of a commercial enterprise and at times can be quite busy, access cannot just be a free-for-all. Rowers, hire boats and a passenger boat all use the lake. There is enough room for all of us if consideration is taken.

- **Daytime use** - kayaking and bellboat/outrigger canoeing sessions run by Ruth Holdway (Community Sports Coach) for schools and youth groups.
- **Monday nights** - coach led recreational paddlers' evening.
- **Tuesday nights** - outrigger canoe training, disabled & able-bodied. Special Olympics kayak training.
- **Wednesday nights** - experienced paddlers flat-water racing session. Cub and Scout sessions by arrangement.
- **Friday after-school** - junior flat-water racing training.



Experienced paddlers: Access is either Monday clubnights 6-8pm, Wednesdays 6-8.30pm or by arrangement. No less than two paddlers. Must be a BCU member and deemed competent by the Committee. All paddlers to follow the risk assessment and circulation pattern so not to clash with rowers.

Membership

You can see whether you like canoeing by taking part in our 6 or 3 week intro sessions. Taster sessions cost £5 for adults, £4 for juniors. After these sessions you will be invited to join Trentham Canoe Club.

The membership fees contribute towards our rent for use of the lake, buying new equipment, insurance, coaching and other costs.

Trentham CC is a CASC registered club. You can either pay an annual membership plus a lake fee; or by monthly standing order with no lake fees.

- 💰 Adults: If paddlers are using club equipment: £45 (Lake fee £3)
- 💰 Adults predominantly using own equipment: £35 (Lake fee £3)
- 💰 Juniors, Students, Coaches: £30 (Lake fee £2 unless coaching)
- 💰 Associate: £10
- 💰 50% less for 2nd family member
- 💰 Standing order per month: £9 adult, £7 junior (2nd family members pay 75% of full rate ie £6.75/£5.25)
- 💰 Daytime school groups: £3 kayak, £2.50 bellboating, £15 minimum per session. Exclusive group bookings £4 per person.
- 💰 Club affiliation: £30 affiliation and £3/£2 per member paddling. Club coach led sessions only - must negotiate with secretary before using water. Current affiliated clubs: Stafford & Stone CC and Standon Bowers OEC.